

March, 2018

Love to Swim, Swim For Safety, Swim For Life!



# Newsletter

Nepean Aquatic Centre

Eva Bory's Swim School

## In this Issue:

- Easter & Anzac Day Trading
- Lucky Draw
- School Holiday Special and School Holiday Fun
- Puddle Pics!
- Staff Profile
- Learn CPR
- Active Kids rebate
- Swimming All Year Round
- Facebook



## Dear Customers - Happy Easter!

We will be **OPEN** for trading as usual on **EASTER SATURDAY**, but **CLOSED GOOD FRIDAY, EASTER SUNDAY** and **EASTER MONDAY**.

We will also be **CLOSED** on **ANZAC DAY (Wednesday 25th April)**.

If you usually have Learn To Swim lessons on the days we are closed you will not be charged for these days.

*Stay tuned on social media for details of Easter Competition & Prizes!*



**Congratulations to Louise Savage (NAC) & Stephanie Toohey (EB) ~ Winners of our February Lucky Draw!**

*Already thinking about the next school holidays? Diary Dates: We are running our School Holiday Intensive Learn to Swim program from April 16 - 20th, and our School Holiday Fun day on Friday 27th April! More information in coming weeks!*

## PUDDLE PICS - DIGITAL UNDERWATER PHOTOGRAPHERS!

We are excited to announce that Puddle Pics will be photographing at Eva Bory's Swim School for the first time from Monday 12<sup>th</sup> March to Sunday 18<sup>th</sup> March and at Nepean Aquatic Centre from Monday 19<sup>th</sup> March to Sunday 25<sup>th</sup> March. The photographer will aim to take up to 10 photos of each child and will be able to take sibling photos by request. No bookings necessary. There will be minimal interruption to lessons, and there is NO obligation to buy. Photos are only available for viewing and purchase on the day, and cannot be viewed online. Photos are only sold in high

resolution digital format burnt to CD, USB or emailed. Make sure the kids wear their brightest swimming costumes!



PUDDLE PICS UNDERWATER PHOTOGRAPHY

## STAFF PROFILE : MATTHEW SPINKS

Each month we will be featuring one of our friendly staff members in our newsletter so that you can get to know them better! Say hi next time you are in!

Name: Matthew Spinks

Position: Reception and Admin Support

Which centre: Nepean Aquatic centre and Eva Bory's Swim School

How long have you been in current role? 6.5 years

Best part of the job? Helping people

What you hope to achieve in your job? I hope that the people I serve will have a great experience, will Learn To Swim, and swim well.

What you would like to say to customers? That consistency is the most important thing when learning to swim.

Other interests and hobbies outside work? Gaming, cooking, reading.

Your wish or personal ambition for 2018? To lose weight.



### Learn CPR - Would you know what to do in an emergency?

*We run monthly CPR courses at Nepean Aquatic Centre, with instruction by a Royal Lifesaving Society qualified trainer and assessor. Ideal for all parents, grandparents and carers, especially those with a backyard pool, or for anyone who requires a CPR certificate for their employment. See our website for course dates.*

**ACTIVE KIDS \$100 REBATE:** Swimming lessons will definitely be eligible for the rebate, however we (Nepean Aquatic Centre and Eva Bory's Swim School) are not able to register as a provider until at least March 2018, as the final details of the scheme are still being worked out and providers added. We will let you know as soon as we are a registered provider (hopefully late this month), and exactly how you can spend your \$100 voucher on swimming lessons with us then, or next year if you have spent your 2018 voucher on a different sport by then! More general information regarding the rebate is on the Office Of Sport website, and we will keep you informed as more swimming specific details become available.

### Swimming all year round!

At times, swimming is often seen as a seasonal activity, especially as the weather outside grows cooler and other sports compete for both your child's and your family's time! Starting dates for 'winter sports' are creeping up and we would like to remind everybody that swimming lessons are not a seasonal activity, and should be maintained all year round. Swimming lessons play a crucial part in building layers of protection near water for young children, and the skills and behaviours taught in lessons need to be reinforced all year round. If we can learn anything from the number of drownings we see every year, it is that swimming skills are of paramount importance to children's safety. Consistency is key, all year round, when learning to swim.

Children under 5 are just beginning to develop muscle memory, and need constant reinforcement to retain skills previously learnt, so a break in lessons often results in a loss of skills. Don't let all the time and money spent on lessons previous to the cooler months go to waste! Swimming is a life skill - the risks posed by drowning do not go away in the cooler months of the year. So lets keep our kids safer and keep swimming!



**Pleeeeeeeeeease LIKE us on Facebook!**

**[www.facebook.com/NepeanAquaticCentreandEvaBorys/](http://www.facebook.com/NepeanAquaticCentreandEvaBorys/)**



This Newsletter can also be viewed at our website  
[www.nepeanaquaticcentre.com.au](http://www.nepeanaquaticcentre.com.au)  
or scan the bar code on your smart phone with your QR scanner app  
Thank you from the team at Nepean Aquatic Centre and Eva Borys

